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SECRETS OF PERFECT SKIN

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SKIN SPECIAL

Best Beauty



Scarlett Johansson

Scarlett's Favorite

How does Scarlett Johansson look so luminous? With **Sponge Ladi Avokanto** (\$100), an avocado-oil-based serum filled with antioxidants and moisturizing ingredients that rejuvenate your complexion, leaving it hydrated and protected.

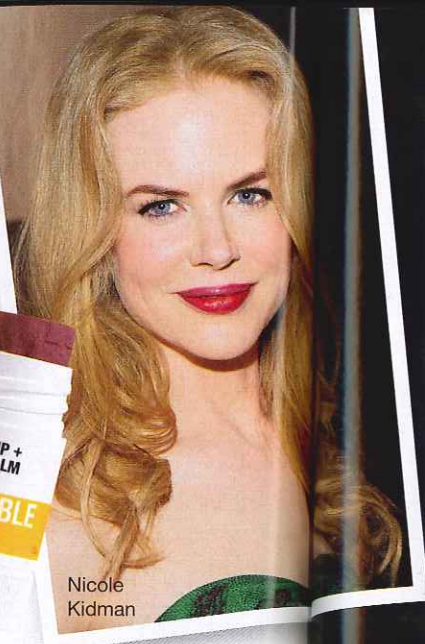


Acne Attacker

Struggling with adult acne? A prescription diuretic may be the answer. Says New York City dermatologist Patricia Wexler, "Many women who are post-puberty have a higher level of testosterone, which is associated with chronic breakouts. Spironolactone can effectively block this male hormone."

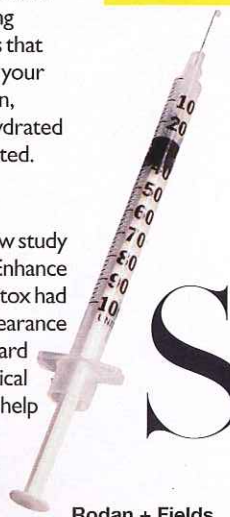
Super Sunscreen

Nicole Kidman is famous for her flawless porcelain complexion. When we heard that she's a fan of cult Australian sun-care line **Invisible Zinc**, we had to have it. For a touch of color and broad-spectrum protection, try the **Tinted Lip + Cheek Balm** (around \$16).



Nicole Kidman

Boost Your Botox A new study shows that patients using the **Obagi Condition & Enhance** prescription-strength skin-care system after Botox had an 86 percent overall improvement in facial appearance compared with 8 percent who used a standard skin-care regimen with Botox. Why? "Any topical skin product that addresses texture issues will help because Botox deals with only the lines," says Neal Schultz, a New York City dermatologist.



10 SKIN SECRETS

Check out the **NEWEST** ingredients, celebrity **MUST-HAVES**, and treatments that **REALLY WORK**



WRITE YOUR SKIN A PRESCRIPTION FOR CHANGE
KATIE RODAN, M.D.
KATHY FIELDS, M.D.
with Lori Paul

CHECK OUT KATIE RODAN AND KATHY FIELDS'S WRITE YOUR SKIN A PRESCRIPTION FOR CHANGE (\$24.95). TOP TIP? SLEEPING ON YOUR BACK CAN PREVENT WRINKLES BETTER THAN BOTOX.

Rodan + Fields Anti-Age Night Renewing Serum (\$89 for 60)



Bang for Your Buck The new **Clé de Peau Beauté Synactif** antiaging line is terrific but... \$1,750. Instead, indulge in the luxe **Synactif Intensive Facial**, which will leave your skin positively glowing, for only \$100.

Take the Years Off

We already love the benefits of melatonin for jet lag. Now it's the hot new ingredient in **Youth Corridor Antioxidant Boost Skin Serum** (\$110), which packs vitamins C and E with the proven antioxidant to reduce sun damage and increase collagen production.



THE SUNSOUL YELOMÖD VISOR (\$58) MAY LOOK STRANGE, BUT ITS MATERIAL HAS BEEN SHOWN TO BLOCK HARMFUL UV RAYS AS IT FILTERS THE SUN FOR YELLOW LIGHT, WHICH REJUVENATES SKIN.



High-Tech Cream

Perricone MD Cold Plasma (\$150), an all-in-one moisturizer, is able to target nutrient-deficient cells, delivering much-needed peptides and fatty acids for firmer, brighter skin.



Perricone fan **Renée Zellweger**

CELEBRITIES: CLOCKWISE FROM TOP LEFT: DAVE HOGAN/GETTY IMAGES; FRAZER HARRISON/GETTY IMAGES; CARLOS ALVAREZ/GETTY IMAGES; GEORGE NAPOLITANO/FILMMAGIC.COM. SKIN CARE: SENSITIVE CHIN: STILL LIFE; CAPSULES: DAVID TURNER/STUDIO D; SYRINGE: F. SCHUSSER/PHOTOLINK/GETTY IMAGES

See Where to Buy for details